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Farmaci biologici per l'asma grave in terapia: un update

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Severe Asthma *Definition*

Guidelines	Definition	High Dose Therapy	Poor control	Exacerbations
WHO Consultation on Severe Asthma 2010	It is uncontrolled asthma which can result in risk of frequent severe exacerbations (or death) and/or adverse reactions to medications and/or chronic morbidity	No	Yes	Yes
ERS/ATS 2020	Asthma that requires treatment with high dose inhaled corticosteroids plus a second controller (and/or systemic corticosteroids) to prevent it from becoming 'uncontrolled' or which remains 'uncontrolled' despite this therapy	Yes	Yes	Yes
BTS 2016	It is defined as persistent symptoms (SABA 3/w) and/or frequent asthma attacks (2/y) despite treatment with high-dose therapies or continuous or frequent use of oral steroids	Yes	Yes	Yes
GINA 2023	It is uncontrolled despite adherence with maximal optimized therapy (Step 4 or Step 5) and treatment of contributory factors, or that worsens when high dose treatment is decreased	Yes	Yes	Yes

Uncontrolled asthma

Poor symptom control:

Frequent symptoms

and/or

Frequent exacerbations (≥ 2 /yrs requiring OCS) or serious exacerbations (≥ 1 /yrs requiring hospitalization)

Many may have mild asthma, i.e. could be well-controlled with low dose ICS, if taken regularly



Difficult-to-treat asthma

Uncontrolled despite prescribing of medium- high dose ICS + second controller (LABA or LRTA or Tiotropium)

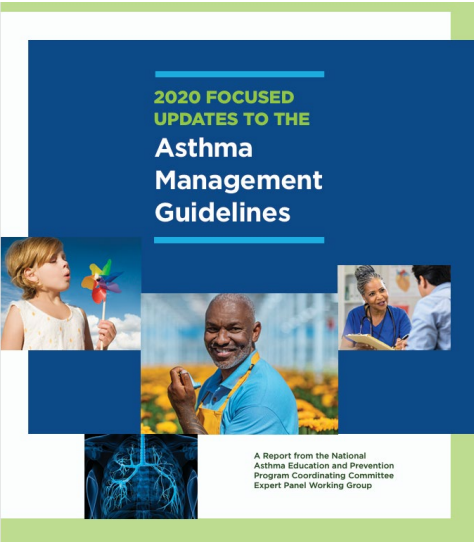
Contributory factors: incorrect inhaler technique, poor adherence, comorbidities or incorrect diagnosis.
Not difficult patients!

Severe asthma:

Uncontrolled despite adherence with maximal therapy and management of contributory factors, or that worsens when high dose therapy is decreased.

Severe Asthma

National Asthma Education & Prevention Program (NAEPP) 2020



Stepwise Approach for Management of Asthma in Individuals Ages 5-11 Years

	Intermittent Asthma	Management of Persistent Asthma in Individuals Ages 5-11 Years					
Treatment	STEP 1	STEP 2	STEP 3	STEP 4	STEP 5	STEP 6	
Preferred	PRN SABA	Daily low-dose ICS and PRN SABA	Daily and PRN combination low-dose ICS-formoterol [▲]	Daily and PRN combination medium-dose ICS-formoterol [▲]	Daily high-dose ICS-LABA and PRN SABA	Daily high-dose ICS-LABA + oral systemic corticosteroid and PRN SABA	
Alternative		Daily LTRA,* or Cromolyn,* or Nedocromil,* or Theophylline,* and PRN SABA	Daily medium-dose ICS and PRN SABA or Daily low-dose ICS-LABA, or daily low-dose ICS + LTRA,* or daily low-dose ICS + Theophylline,* and PRN SABA	Daily medium-dose ICS-LABA and PRN SABA or Daily medium-dose ICS + LTRA* or daily medium-dose ICS + Theophylline,* and PRN SABA	Daily high-dose ICS + LTRA* or daily high-dose ICS + Theophylline,* and PRN SABA	Daily high-dose ICS + LTRA* + oral systemic corticosteroid or daily high-dose ICS + Theophylline* + oral systemic corticosteroid, and PRN SABA	
		Steps 2-4: Conditionally recommend the use of subcutaneous immunotherapy as an adjunct treatment to standard pharmacotherapy in individuals ≥ 5 years of age whose asthma is controlled at the initiation, build up, and maintenance phases of immunotherapy [▲]			Consider Omalizumab** [▲]		

Global Initiative for Asthma (GINA) 2024



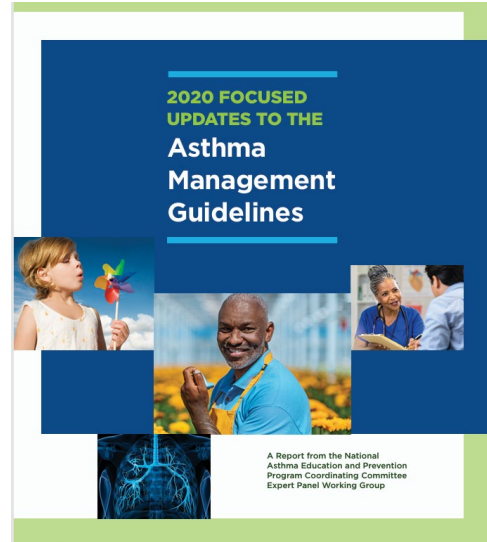
ASTHMA TREATMENT STEPS FOR CHILDREN 6-11 YEARS

	STEP 1	STEP 2	STEP 3	STEP 4	STEP 5
PREFERRED CONTROLLER to prevent exacerbations and control symptoms	Low dose ICS taken whenever SABA taken*	Daily low dose inhaled corticosteroid (ICS) (see table of ICS dose ranges for children)	Low dose ICS-LABA, OR medium dose ICS, OR very low dose ICS-formoterol maintenance and reliever (MART)	Refer for expert advice, OR medium dose ICS-LABA, OR low dose ICS-formoterol maintenance and reliever therapy (MART)	Refer for phenotypic assessment ± higher dose ICS-LABA or add-on therapy, e.g. anti-IgE, anti-IL4Rα, anti-IL5
<i>Other controller options (limited indications, or less evidence for efficacy or safety)</i>		Daily leukotriene receptor antagonist (LTRA) [†] , or low dose ICS taken whenever SABA taken*	Low dose ICS + LTRA [†]	Add tiotropium or add LTRA [†]	As last resort, consider add-on low dose OCS, but consider side-effects
RELIEVER	As-needed SABA (or ICS-formoterol reliever* in MART in Steps 3 and 4)				

Stepwise Approach for Management of Asthma in Individuals Ages 12 Years and Older

	Intermittent Asthma	Management of Persistent Asthma in Individuals Ages 12+ Years				
Treatment	STEP 1	STEP 2	STEP 3	STEP 4	STEP 5	STEP 6 [■]
Preferred	PRN SABA	Daily low-dose ICS and PRN SABA or PRN concomitant ICS and SABA ▲	Daily and PRN combination low-dose ICS-formoterol ▲	Daily and PRN combination medium-dose ICS-formoterol ▲	Daily medium-high dose ICS-LABA + LAMA and PRN SABA ▲	Daily high-dose ICS-LABA + oral systemic corticosteroids + PRN SABA
Alternative		Daily LTRA* and PRN SABA or Cromolyn,* or Nedocromil,* or Zileuton,* or Theophylline,* and PRN SABA	Daily medium-dose ICS and PRN SABA or Daily low-dose ICS-LABA, or daily low-dose ICS + LAMA, ▲ or daily low-dose ICS + LTRA,* and PRN SABA or Daily low-dose ICS + Theophylline* or Zileuton,* and PRN SABA	Daily medium-dose ICS-LABA or daily medium-dose ICS + LAMA, and PRN SABA ▲ or Daily medium-dose ICS + LTRA,* or daily medium-dose ICS + Theophylline,* or daily medium-dose ICS + Zileuton,* and PRN SABA	Daily medium-high dose ICS-LABA or daily high-dose ICS + LTRA,* and PRN SABA	
		Steps 2-4: Conditionally recommend the use of subcutaneous immunotherapy as an adjunct treatment to standard pharmacotherapy in individuals ≥ 5 years of age whose asthma is controlled at the initiation, build up, and maintenance phases of immunotherapy ▲			Consider adding Asthma Biologics (e.g., anti-IgE, anti-IL5, anti-IL5R, anti-IL4/IL13)**	

National Asthma Education & Prevention Program (NAEPP) 2020



ASTHMA TREATMENT STEPS FOR ADOLESCENTS 12+ yrs & ADULTS

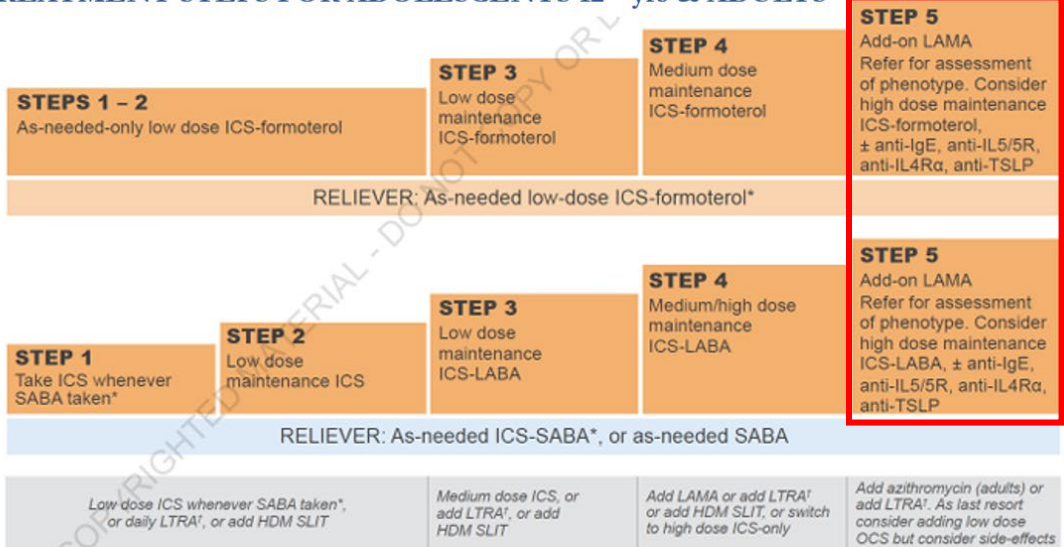
Global Initiative for Asthma (GINA) 2024



TRACK 1: PREFERRED CONTROLLER and RELIEVER
Using ICS-formoterol as the reliever* reduces the risk of exacerbations compared with using a SABA reliever, and is a simpler regimen

TRACK 2: Alternative CONTROLLER and RELIEVER
Before considering a regimen with SABA reliever, check if the patient is likely to adhere to daily controller treatment

Other controller options (limited indications, or less evidence for efficacy or safety – see text)



Low dose ICS whenever SABA taken*, or daily LTRA¹, or add HDM SLIT
Medium dose ICS, or add LTRA¹, or add HDM SLIT
Add LAMA or add LTRA¹ or add HDM SLIT, or switch to high dose ICS-only
Add azithromycin (adults) or add LTRA¹. As last resort consider adding low dose OCS but consider side-effects

Severe Asthma

Patients of any age

with persistent symptoms
or exacerbations (OCS $\geq 2/y$ – hospitalization $\geq 1/y$)

despite correct inhaler technique and good adherence with step 4 treatment

despite treatment of comorbidities and elimination of risk factor

and in whom other controller options
have been considered

**Refer for phenotypic
assessment**



**Add-on biologic
therapy**

- ✓ Medicines whose active principle is a substance produced or extracted from a biological system.
- ✓ Hormones, enzymes, blood derived products, serums and vaccines, immunoglobulins, allergens, monoclonal antibodies = **biological medicines**

www.aifa.gov.it

Highly complex production techniques

Recombinant DNA technology

Controlled expression of genes coding for biologically active proteins in prokaryotes and eukaryotes

Monoclonal antibody methods

T2-high Asthma Phenotype in children

Criteria for identifying T2-high phenotype

Biologic Type 2-targeted treatment

Anti IgE: Omalizumab

**Anti IL5/IL5R: Mepolizumab - Reslizumab –
Benralizumab**

Anti IL4R: Dupilumab

**Anti TSLP (Thymic stromal lymphopoietin):
Tezepelumab**

The Choice Of Add-on Type 2-targeted Therapy

Review response to an initial trial of Therapy

OUTLINE

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Criteria for identifying T2-high phenotype

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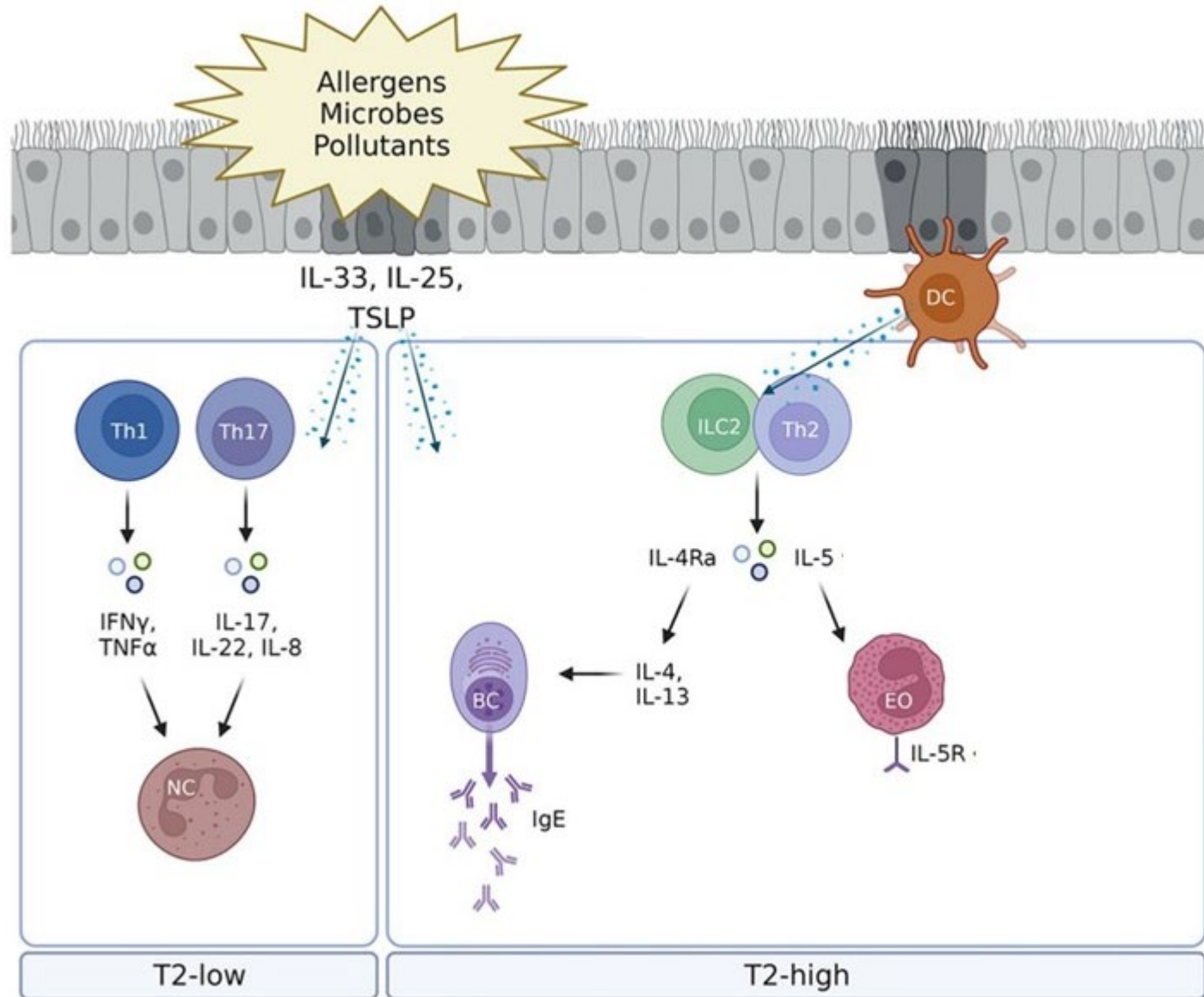
Anti TSLP (Thymic stromal lymphopoietin):
Tezepelumab

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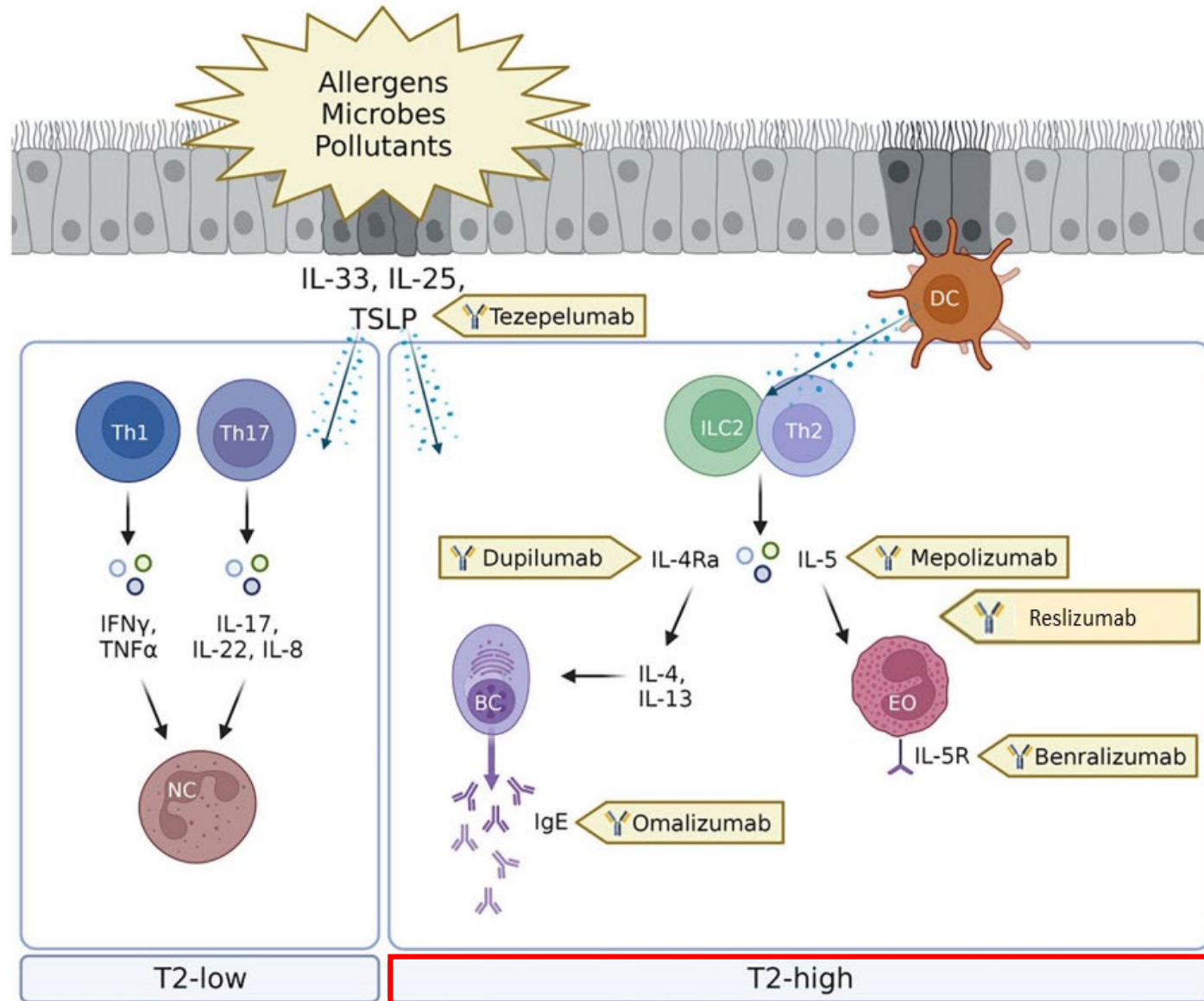
OUTLINE

Airway epithelium interactions with environmental factors & Molecular Phenotypes of Severe Asthma



*van Dijk YE et al .
Pediatric Drugs 2023*

T2-high phenotype & Biologic treatment



Criteria for identifying Type 2 inflammation

↑ EOS

Blood eosinophils $\geq 150/\mu\text{l}$

and/or

Sputum eosinophils $\geq 2\%$

↑ FeNO

FeNO ≥ 20 ppb

and/or

↑ Total/
Specific
IgE

Clinically allergen-driven asthma



OCS Suppression

T2-high Asthma Phenotype in children

Criteria for identifying T2-high phenotype

Biologic Type 2-targeted treatment

Anti IgE: Omalizumab

Anti IL5/IL5R: Mepolizumab - Reslizumab –
Benralizumab

Anti IL4R: Dupilumab

Anti TSLP (Thymic stromal lymphopoietin):
Tezepelumab

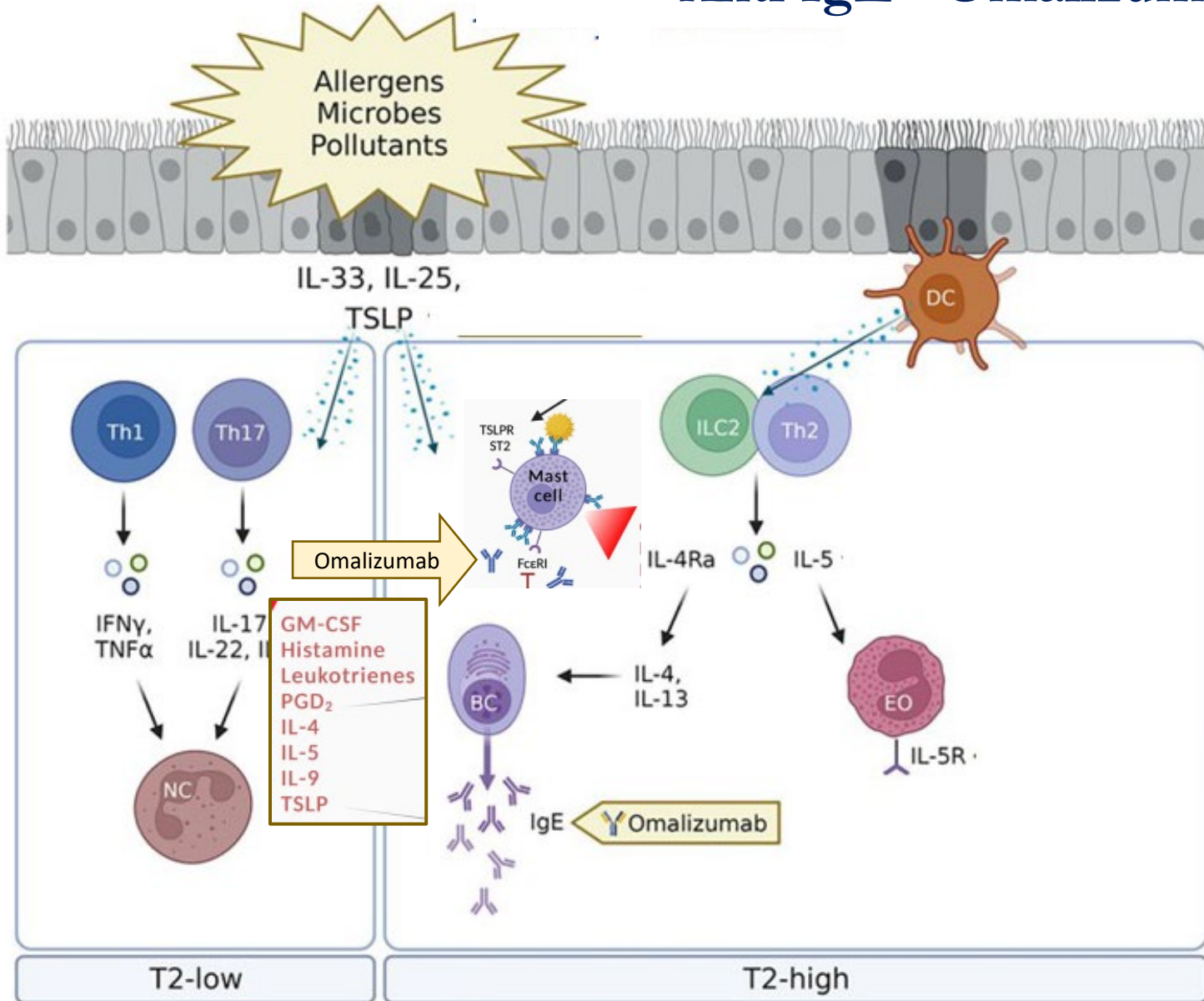
The Choice Of Add-on Type 2-targeted Therapy

Review response to an initial trial of Therapy

OUTLINE

Biologic Type 2-targeted treatment

Anti IgE - Omalizumab



humanized monoclonal antibody

The first approved biologic for asthma (2003) [and in children aged 6–11 years since 2009]

Mechanism of action

It binds to circulating free IgE preventing it from binding to antigen-presenting cells, mast cells, and basophils

Indications

Severe confirmed IgE-dependent allergic asthma with:

- ✓ Total serum IgE level is 30–1500 IU/mL
- ✓ Raised specific IgE to at least one perennial aeroallergen

Dosage

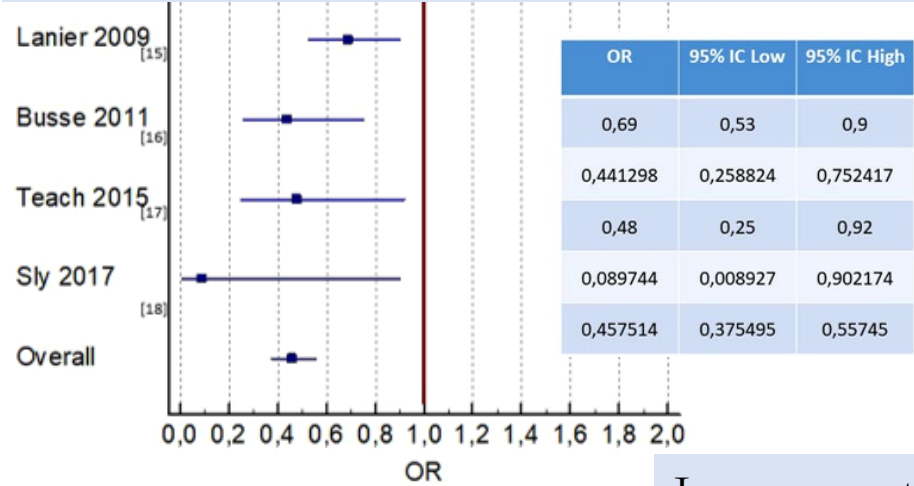
Subcutaneous injection every 2–4 weeks.

Dose is established by a nomogram obtained from total serum IgE levels and body weight (kilograms)

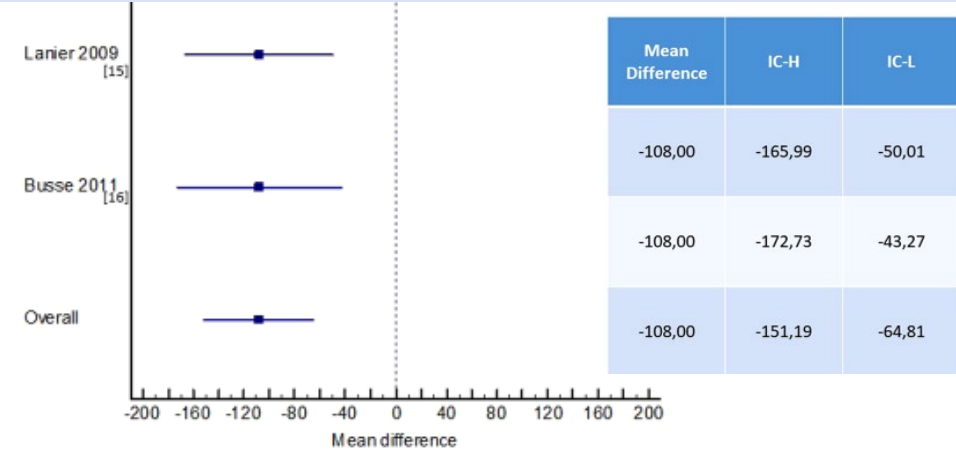
Omalizumab (OM)

humanized monoclonal anti-IgE antibody

Exacerbation rate was reduced in OM vs placebo

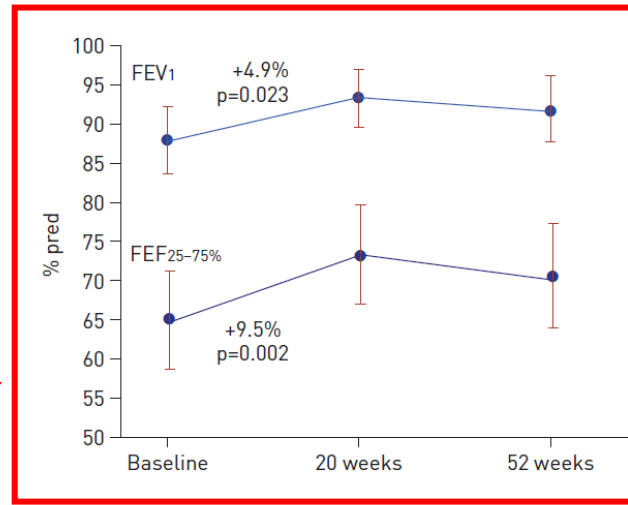


Required dosage of ICS was reduced in OM vs placebo group



Improvement of FEV₁ after starting treatment of OM

Study	FEV ₁ Measurement	Findings*	p Value
RCTs			
Milgrom <i>et al.</i> , ⁹ 2001	FEV ₁	Baseline, OMA vs Pbo: 1797.1 vs 1855.2 mL	NR
Busse <i>et al.</i> , ¹⁹ 2011	% of predicted FEV ₁	Wk 24, OMA vs Pbo: 1891.0 vs 1883.5 mL Baseline, OMA vs Pbo: 92.9 ± 18.7% vs 92.2 ± 17.6% Week 48, OMA vs Pbo: 92.6 ± 0.60% vs 91.7 ± 0.64% Difference, OMA vs Pbo at wk 48: 0.92 (95% CI, -0.81 to 2.64)	0.30
RWS			
Brodie <i>et al.</i> , ¹⁷ 2012	FEV ₁ in all patients	Baseline, 2100 mL (median) At 16 wk, 2250 mL (median)	0.1
	FEV ₁ in patients <12 y	Baseline, 1800 mL (median) At 16 wk, 2100 mL (median)	0.0058
Odajima <i>et al.</i> , ¹⁵ 2015 Odajima <i>et al.</i> , ²⁰ 2017	% of predicted FEV ₁	Baseline, 90.3 ± 19.3% Wk 24, 89.7 ± 23.1% End of treatment, 89.2 ± 15.8%	NR
Deschildre <i>et al.</i> , ¹⁴ 2013 Deschildre <i>et al.</i> , ¹⁸ 2015	% of predicted FEV ₁	Baseline, 88% (95% CI, 83.8–92.2%) 1 y, 92.1% Mean improvement to 1 y, 4.9% (95% CI, 0.69, 9.19%) 2 y, 89.9% (95% CI, 86.7–93.0%)	0.023 0.38
Campbell <i>et al.</i> , ¹³ 2008	% of predicted FEV ₁	Before OMA, 71% ± 15% vs after OMA, 81% ± 15%	0.0004



Fenu G *Frontiers in Pediatrics*. 2023
 Corren J *Allergy Asthma Proc*. 2017
 Deschildre A *ERJ*. 2013/2015

T2-high Asthma Phenotype in children

Criteria for identifying T2-high phenotype

Biologic Type 2-targeted treatment

Anti IgE: Omalizumab

**Anti IL5/IL5R: Mepolizumab - Reslizumab –
Benralizumab**

Anti IL4R: Dupilumab

Anti TSLP (Thymic stromal lymphopoietin):
Tezepelumab

The Choice Of Add-on Type 2-targeted Therapy

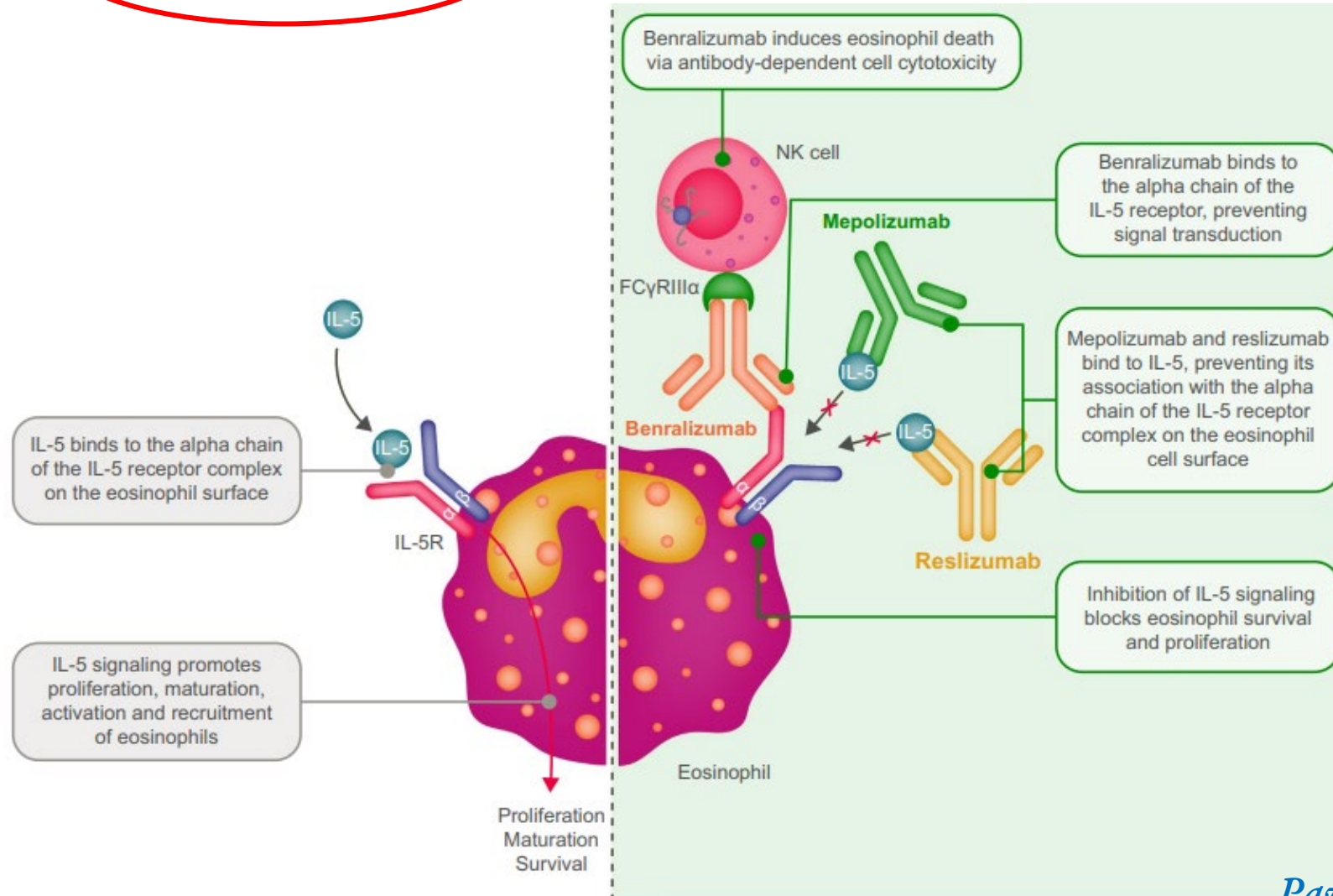
Review response to an initial trial of Therapy

OUTLINE

Biologic Type 2-targeted treatment

Anti IL5/IL5R

Mepolizumab – Reslizumab – Benralizumab

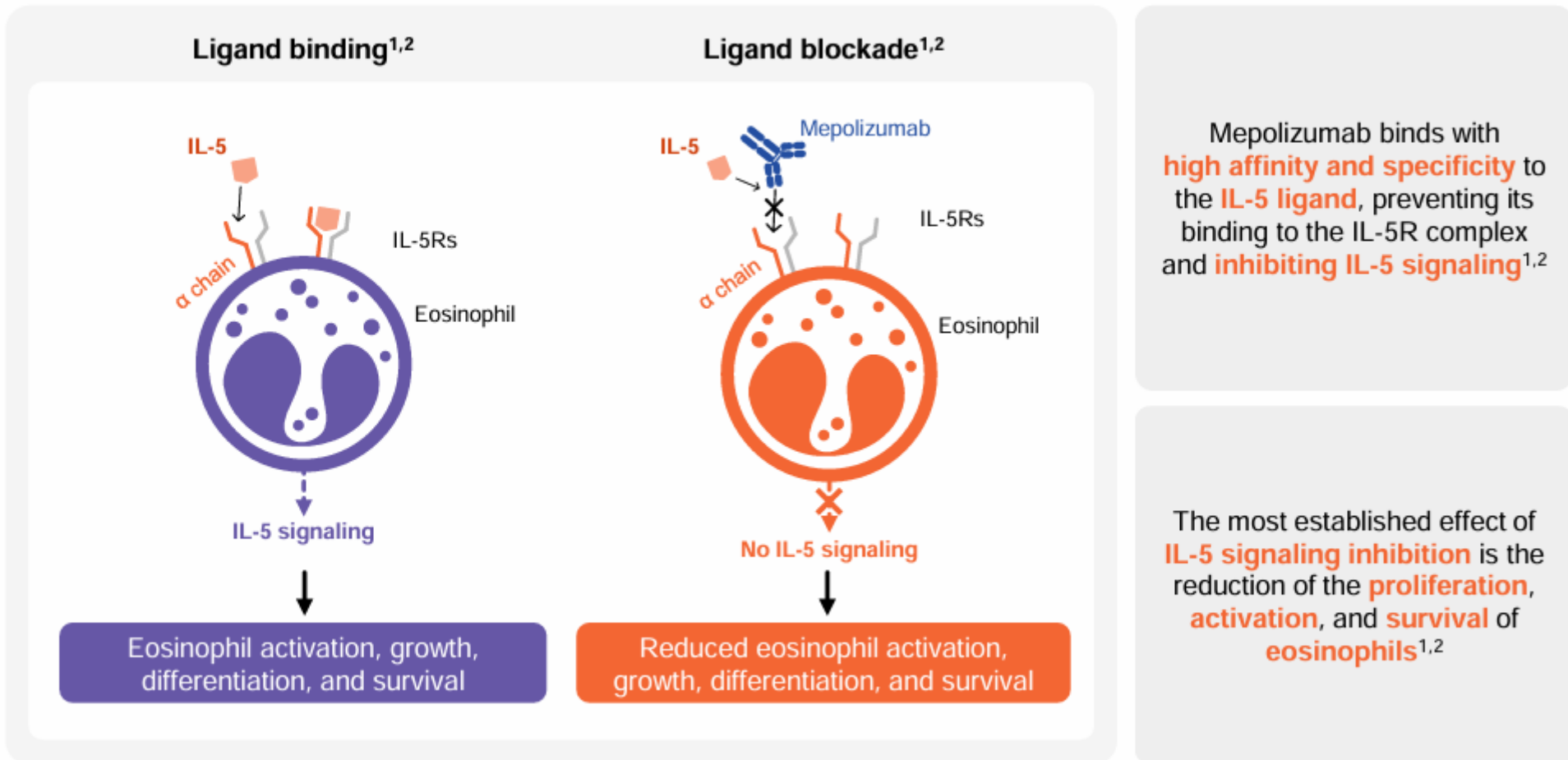


Mepolizumab

Recombinant humanized monoclonal antibody (IgG-1k)

Mechanism of action

It binds human IL-5 with high affinity and specificity



Mepolizumab

Recombinant humanized monoclonal antibody

Mechanism of action

It binds human IL-5 with high affinity and specificity

Indications

Severe asthma and eosinophilic phenotype:

- ✓ blood eosinophils ≥ 150 cells/ μL at screening
- ✓ or ≥ 300 cells/ μL within 12 months of enrollment

Dosage

Subcutaneous injection every 4 weeks.

Dose:

for adults and children aged ≥ 12 years \rightarrow 100 mg

for children aged 6–11 years \rightarrow 40 mg

Holguin F ERS/ATS guideline. Eur Respir J 2020

Hillson K Pediatr Pulmonol 2024

www.fda.gov

www.aifa.gov

Mepolizumab

Recombinant humanized monoclonal anti-IL5 antibody

The MUPPITS-2 multicenter RCT (290 patients aged 6–17 years) → a significant reduction in the number of asthma exacerbations in mepolizumab group vs placebo [0.96 (95% CI 0.78–1.17) and 1.30 (1.08–1.57), respectively, $p = 0.027$

Effects on lung function in children less conclusive

Effects on airway remodeling less investigated (at any age)

Higher cost than other antiasthma strategies?

Mepolizumab in Severe Pediatric Asthma: Certainties and Doubts through a Single-Center Experience and Review of the Literature

Maglione, Borrelli et al. Children 2024

A case series of children and adolescents with

- Early onset of asthma
- Multiple allergens sensitization
- Blood eosinophilia and high fractional exhaled nitric oxide
- Poor response to long-term maintenance treatment (*medium/high dose inhaled corticosteroids ± other controllers*)
- Comorbidity (obesity; insulin resistance; nasal polyposis)

	Case 1	Case 2	Case 3	Case 4
Age at asthma onset	3 years	12 years	8 months	2 months
Allergic sensitization	House dust mites, cat dander, <i>Olea europaea</i> , <i>Parietaria judaica</i>	Grass pollen, Artemisia, <i>Olea europaea</i> , <i>Parietaria judaica</i>	House dust mites, cat/dog dander, cow's milk proteins, egg	House dust mites, <i>Alternaria</i> , <i>Olea europaea</i> , <i>Parietaria judaica</i>
Symptom burden	Weekly cough, dyspnea, and night awakenings. Frequent asthma attacks requiring systemic steroids, extra ICS, and bronchodilators.	Daily chest tightness, cough, exercise-induced dyspnea. Frequent asthma attacks requiring systemic steroids, extra ICS, and bronchodilators.	Monthly exacerbations with frequent need for systemic steroids, extra ICS, and bronchodilators.	Exacerbations requiring systemic steroids twice a month. Weekly night awakenings due to respiratory symptoms.
Comorbidity	Obesity, insulin resistance	Nasal polyposis	-	Obesity, insulin resistance
Treatment at referral	Budesonide (640 µg/d) + Formoterol (18 µg/d)	Budesonide (640 µg/d) + Formoterol (18 µg /d) + Montelukast (10 mg)	Budesonide (640 µg /d) + Formoterol (18 µg/d) + Montelukast (10 mg)	Beclomethasone (200 µg/d) + Formoterol (12 µg/d) + Omalizumab (450 mg/14 d)
Age at mepolizumab	14 years	16 years	10 years	14 years

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- Early onset of asthma
- Multiple allergens sensitization
- Blood eosinophilia and high fractional exhaled nitric oxide
- Poor response to long-term maintenance treatment (*medium/high dose inhaled corticosteroids ± other controllers*)
- Comorbidity (obesity; insulin resistance; nasal polyposis)

After 12 months treatment with s.c. mepolizumab

- Improvement of Asthma Control Test
- Reduction of blood eosinophilia
- Decrease of asthma exacerbations

	Case 1		Case 2		Case 3		Case 4	
	Baseline	12 Months	Baseline	12 Months	Baseline	12 Months	Baseline	12 Months
Blood eosinophils, cells/ μ L (%)	1490 (13)	140 (1.3)	1470 (19)	100 (1.4)	420 (8.2)	80 (1.8)	530 (6)	70 (0.8)
Decrease in eosinophil count post-mepo (%)		-91		-93		-81		-86
FEV ₁ , L (% pred)	3.7 (125)	3.1 (89)	3.3 (84)	3.0 (86)	1.5 (94)	1.5 (89)	1.6 (37)	4.3 (99)
FEF ₂₅₋₇₅ , L/s (% pred)	2.5 (67)	2.9 (73)	3.7 (84)	2.8 (65)	1.3 (64)	0.9 (44)	0.7 (16)	4.2 (87)
Total serum IgE (IU/mL)	1900	1800	234	250	1980	1980	1560	403
FeNO	143	117	53	55	68	33	38	12
ACT score	12	18	15	20	18	21	8	15
No. of exacerbations/year	18	7	20	9	17	5	18	8

T2-high Asthma Phenotype in children

Criteria for identifying T2-high phenotype

Biologic Type 2-targeted treatment

Anti IgE: Omalizumab

Anti IL5/IL5R: Mepolizumab - Reslizumab –
Benralizumab

Anti IL4R: Dupilumab

Anti TSLP (Thymic stromal lymphopoietin):
Tezepelumab

The Choice Of Add-on Type 2-targeted Therapy

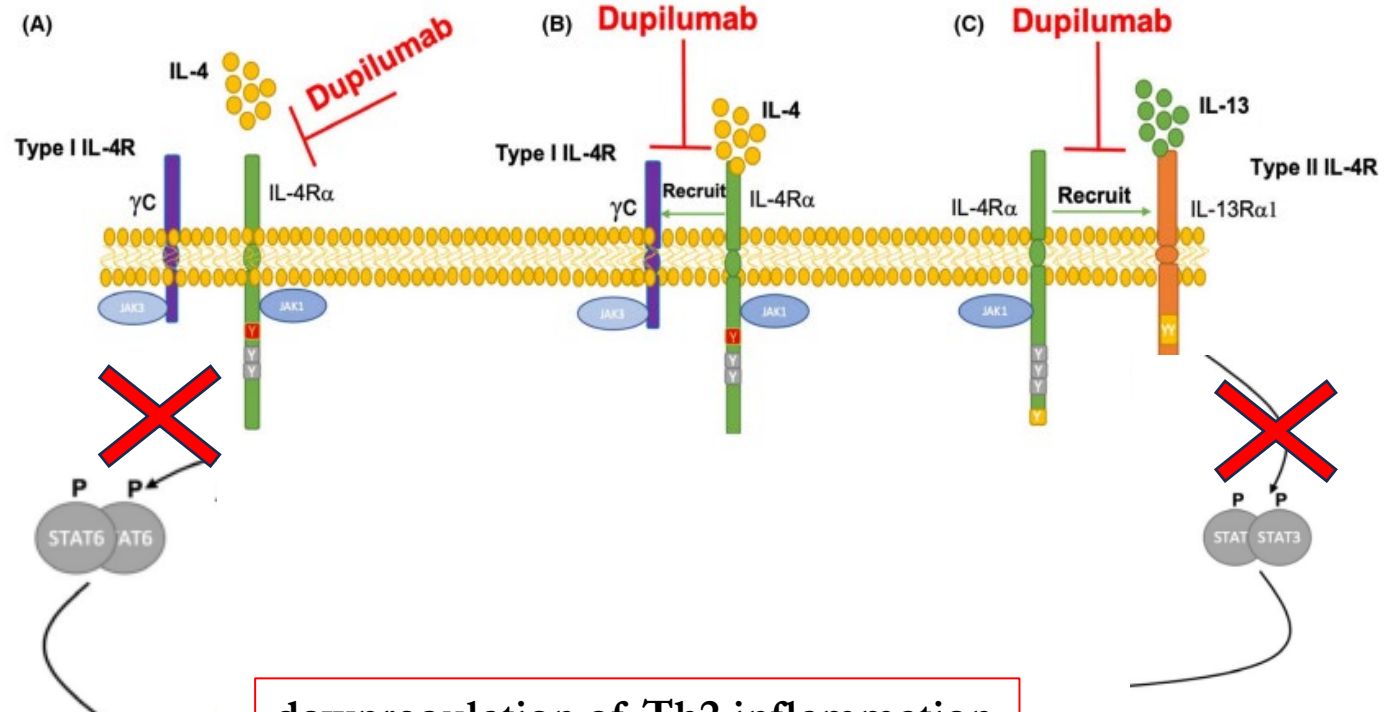
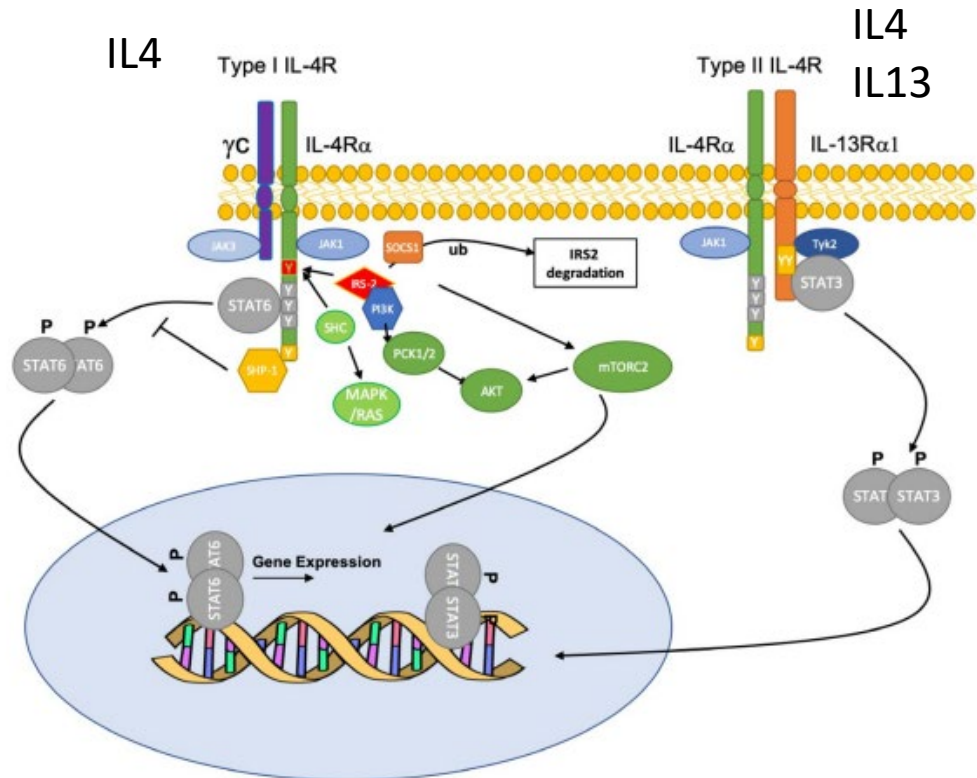
Review response to an initial trial of Therapy

OUTLINE

Biologic Type 2-targeted treatment

Anti IL4R

Dupilumab



downregulation of Th2 inflammation

Recombinant humanized monoclonal anti- IL-4R α antibody

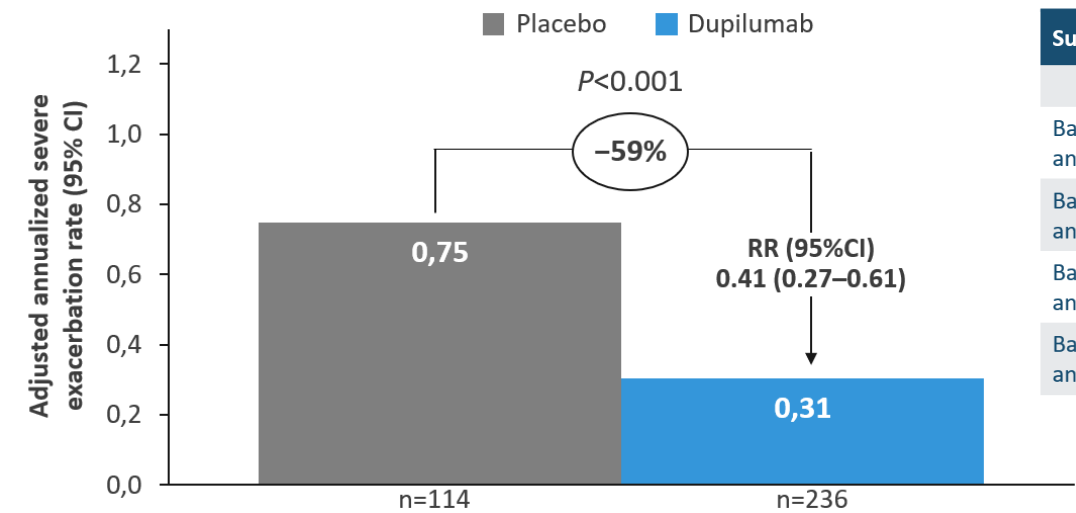
Dosage for children aged 6–11 years

Weight	Dose
15-30 Kg	100 mg every 2 weeks Or 300 mg every 4 weeks
30-60 Kg	200 mg every 2 weeks Or 300 mg every 4 weeks
\geq 60 Kg	200 mg every 2 weeks

Dupilumab Phase 3 VOYAGE Study - Children aged 6 to 11 years with uncontrolled, moderate-to-severe asthma and Type 2 phenotype

Significant reduction in the annualized rate of severe asthma exacerbations in dupilumab group vs placebo

Type 2 Inflammatory Phenotype^a



Type 2 Inflammatory Phenotype^a

Subgroups	Patients, n		Relative Risk vs Placebo (95% CI) ^b
	Dupilumab	Placebo	
Baseline EOS ≥150 cells/μL and baseline FeNO ≥20 ppb	128	56	0.351 (0.204 to 0.605)
Baseline EOS ≥150 cells/μL and baseline FeNO <20 ppb	89	48	0.473 (0.262 to 0.851)
Baseline EOS <150 cells/μL and baseline FeNO ≥20 ppb	13	6	0.449 (0.051 to 3.989)
Baseline EOS <150 cells/μL and baseline FeNO <20 ppb	35	21	1.295 (0.357 to 4.690)

0 ← Dupilumab better | 1 | Placebo better → 2

The EXCURSION open-label 52-week extension study

It demonstrated that the long-term use of dupilumab was well tolerated in children with an acceptable safety profile

It showed showing similar results about rate of exacerbation

T2-high Asthma Phenotype in children

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Anti IL5/IL5R: Mepolizumab - Reslizumab –
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**Anti TSLP (Thymic stromal lymphopoietin):
Tezepelumab**

The Choice Of Add-on Type 2-targeted Therapy

Review response to an initial trial of Therapy

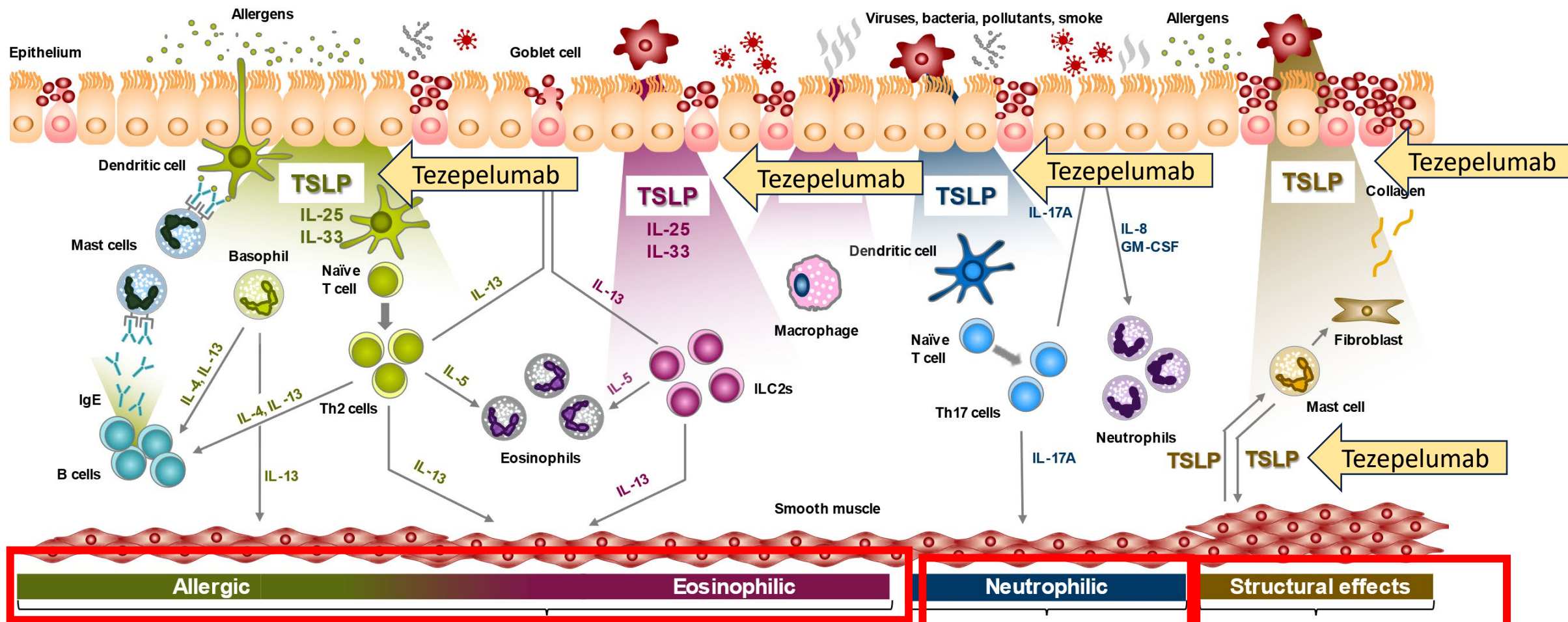
OUTLINE

Biologic Type 2-targeted treatment

Anti TSLP (Thymic stromal lymphopoietin)

Tezepelumab

TSLP Acts Across the Spectrum of Asthma Inflammation



Tezepelumab

Recombinant humanized monoclonal antibody

Mechanism of action

It blocks the activity of TSLP

Indications

Severe asthma - no biomarkers threshold

Dosage

Subcutaneous injection 210 mg every 4 weeks.

Tezepelumab

Recombinant humanized monoclonal anti-TSLP antibody

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Tezepelumab in Adults and Adolescents with Severe, Uncontrolled Asthma

Andrew Menzies-Gow, M.D., Jonathan Corren, M.D., Arnaud Bourdin, M.D.,
Geoffrey Chupp, M.D., Elliot Israel, M.D., Michael E. Wechsler, M.D.,
Christopher E. Brightling, F.Med.Sci., Janet M. Griffiths, Ph.D.,
Åsa Hellqvist, M.Sc., Karin Bowen, M.Sc., Primal Kaur, M.D.,
Gun Almqvist, M.Sc., Sandhia Ponnambal, M.D., and Gene Colice, M.D.

A phase 3, multicenter, randomized, double-blind, placebo-controlled trial.

Patients 12 to 80 years of age were randomly assigned to receive tezepelumab (210 mg) or placebo subcutaneously every 4 weeks for 52 weeks.

Tezepelumab

Recombinant humanized monoclonal anti-TSLP antibody

The annualized rate of asthma exacerbations was significantly lower with Tezepelumab vs placebo in uncontrolled asthma, regardless biomarkers

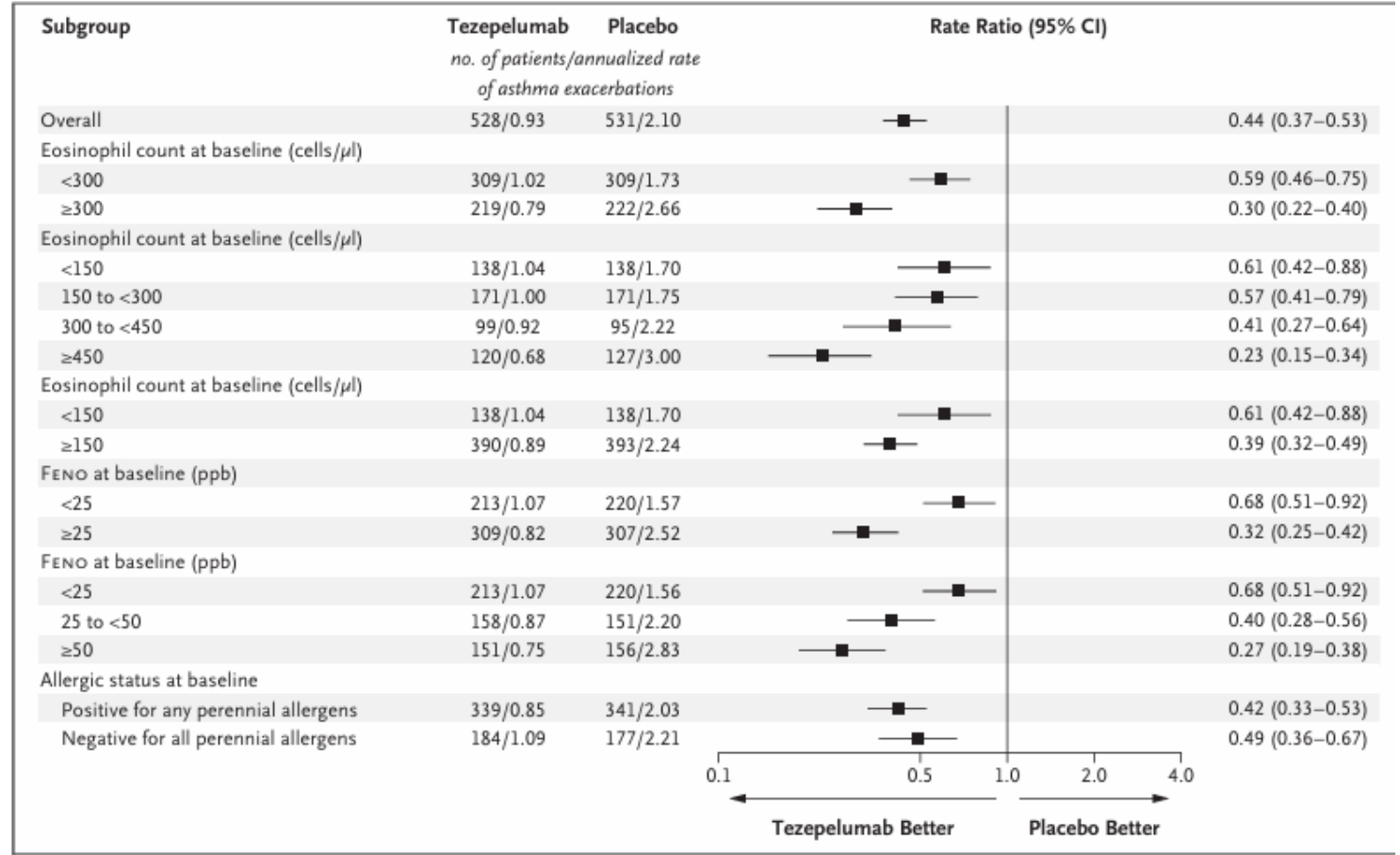
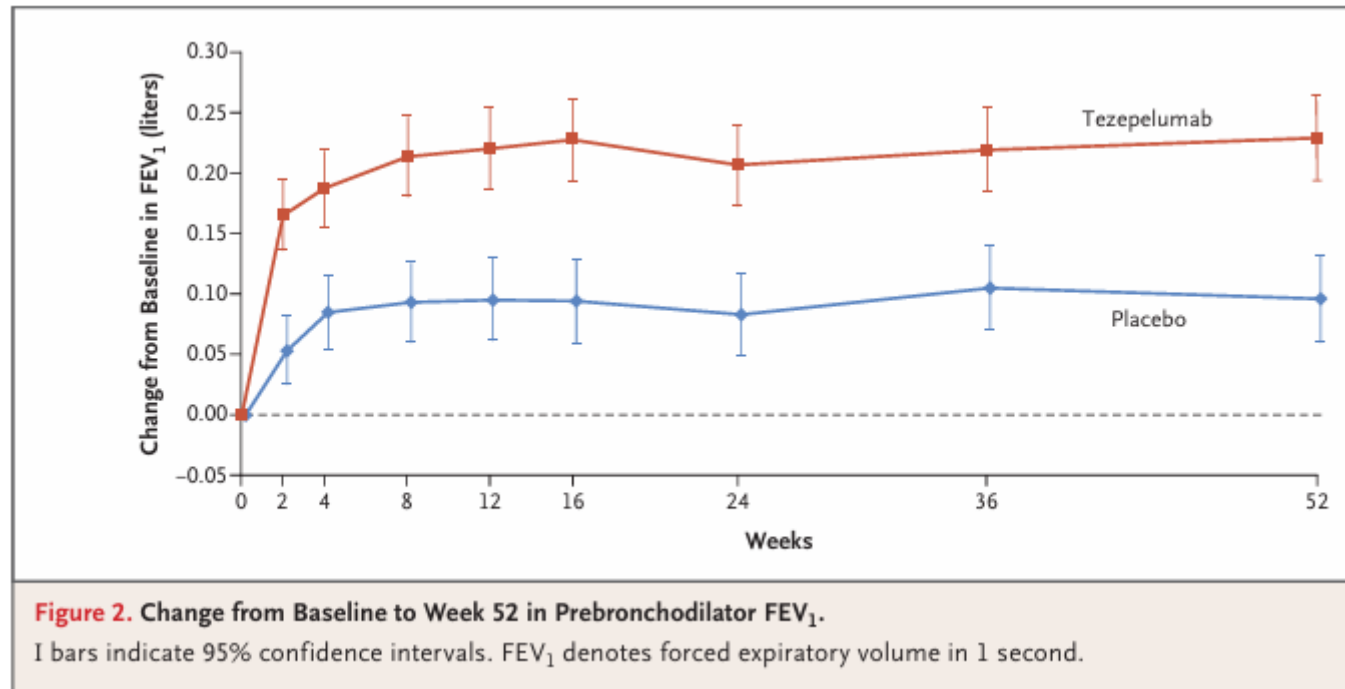


Figure 1. Annualized Rate of Asthma Exacerbations over a Period of 52 Weeks in the Overall Population and According to Baseline Biomarker Category or Allergic Status.

Tezepelumab

Recombinant humanized monoclonal anti-TSLP antibody

Significant improvements in FEV₁ and scores on the ACQ-6, AQLQ(S)+12



Tezepelumab

La nostra esperienza

♂ Asma allergico ed obesità (+arco aortico bovino) - proviene da altro centro

Età 11 aa OMA per 3 anni → MEPO

Follow up: OSAS (lieve);
Bcscopia/BAL/CT (neg)

Età 15 anni

Clinica: Frequenti riacutizzazioni severe + dispnea quotidiana

ACT 9

Terapia: Mepo (1 aa) + LABA/CSI; TIOTROPIUM;
steroidi orale 1vv/mese

IgE totali	IgE specifiche	EOS	FENO	FEV ₁	FEF ₂₅₋₇₅
528 UI/l	<i>D. pter/farinae</i> ; <i>Poa pratensis</i>	140 cell	38 ppb	76% pred	49% pred



TEZEPELUMAB

data	FENO	FEV ₁	FEF ₂₅₋₇₅	ACT
3 mesi	18 ppb	96% pred	75% pred	23
6 mesi	5 ppb	96% pred	79% pred	23
8 mesi	9 ppb	83% pred	74% pred	23

A 9 mesi dall'inizio Tezepelumab

- Non più riacutizzazioni (no steroidi orale)
- Sospende LABA/CSI
- Mantiene tiotropium

Tezepelumab

Recombinant humanized monoclonal anti-TSLP antibody

FUTURE GOALS

A Study to Investigate the Efficacy and Safety of Tezepelumab Compared With Placebo in Children 5 to < 12 Years Old With Severe Asthma (HORIZON)

ClinicalTrials.gov ID NCT06023589

T2-high Asthma Phenotype in children

Criteria for identifying T2-high phenotype

Biologic Type 2-targeted treatment

Anti IgE: Omalizumab

Anti IL5/IL5R: Mepolizumab - Reslizumab –
Benralizumab

Anti IL4R: Dupilumab

Anti TSLP (Thymic stromal lymphopoietin):
Tezepelumab

The Choice Of Add-on Type 2-targeted Therapy

Review response to an initial trial of Therapy

OUTLINE

Severe Asthma & Biologic Type 2-targeted Treatment

The Choice Of Add-on Type 2-targeted Therapy

Eligibility criteria

Predictors of asthma response

Type 2 comorbidities (atopic dermatitis, nasal polyposis)

Cost

Dosing frequency

Delivery route (IV or SC; potential for self-administration)

Patient preference



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**DIFFICULT-TO-TREAT &
SEVERE ASTHMA**

in adolescent and adult patients

Diagnosis and Management

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Severe Asthma & Biologic Type 2-targeted Treatment

The Choice Of Add-on Type 2-targeted Therapy

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Assess and treat severe

Continue to optimize management as

8 Consider add-on biologics

- Consider add-on Type 2-targeted biologic therapy for patients with exacerbations or poor symptom control on high dose ICS-LABA, who have evidence of Type 2 inflammation*
- Consider local payer eligibility criteria*, comorbidities and predictors of response when choosing between available therapies
- Also consider cost, dosing frequency, route (SC or IV), patient preference

Which biologic is appropriate to start first?

Eligibility

Anti-IgE (omalizumab)

Is the patient eligible for **anti-IgE** for severe allergic asthma?*

- Sensitization on skin prick testing or specific IgE
- Total serum IgE and weight within dosage range
- Exacerbations in last year

no ↑
↓ no

Anti-IL5 / Anti-IL5R (benralizumab, mepolizumab, reslizumab)

Is the patient eligible for **anti-IL5 / anti-IL5R** for severe eosinophilic asthma?*

- Exacerbations in last year
- Blood eosinophils, e.g. $\geq 150/\mu\text{l}$ or $\geq 300/\mu\text{l}$

no ↑
↓ no

Anti-IL4R (dupilumab)

Is the patient eligible for **anti-IL4R** for severe eosinophilic/Type 2 asthma?*

- Exacerbations in last year
- Blood eosinophils ≥ 150 and $\leq 1500/\mu\text{l}$, or FeNO ≥ 25 ppb, or taking maintenance OCS

no ↑
↓ no

Anti-TSLP (tezepelumab)

Is the patient eligible for **anti-TSLP** for severe asthma?*

- Exacerbations in last year

Eligible for none? Return to section 7

Predictors of asthma response

What factors may predict good asthma response to anti-IgE?

- Blood eosinophils $\geq 260/\mu\text{l}$ ++
- FeNO ≥ 20 ppb +
- Allergen-driven symptoms +
- Childhood-onset asthma +

What factors may predict good asthma response to anti-IL5/5R?

- Higher blood eosinophils +++
- More exacerbations in previous year +++
- Adult-onset of asthma ++
- Nasal polyposis ++

What factors may predict good asthma response to anti-IL4R?

- Higher blood eosinophils +++
- Higher FeNO +++

What factors may predict good asthma response to anti-TSLP?

- Higher blood eosinophils +++
- Higher FeNO +++

extend trial to 12 months*

unclear

Good asthma response?*

yes

Good response to T2-targeted therapy

no

TOP add-on

consider switching different Type 2-targeted therapy, if eligible*

no

Little/no response to T2-targeted therapy

No evidence of Type 2 airway inflammation

Severe Asthma & Biologic Type 2-targeted Treatment

The Choice Of Add-on Type 2-targeted Therapy

Eligibility criteria

Predictors of asthma response

Type 2 comorbidities (atopic dermatitis, nasal polyposis)

Cost

Dosing frequency

Delivery route (IV or SC; potential for self-administration)

Patient preference



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Biologic Type 2-targeted
Treatment

Asthma and more.....

Therapy	Indication AIFA 	Age
Omalizumab	Severe Asthma	Children ≥ 6 ys/Adult
	Chronic spontaneous urticaria	Children ≥ 12 ys/Adult
	Chronic rhinosinusitis with nasal polyposis	Only adult
Mepolizumab	Severe Asthma	Children ≥ 6 ys/Adult
	Chronic rhinosinusitis with nasal polyposis	Only adult
	Eosinophilic granulomatosis with polyangiitis (EGPA)	Children ≥ 6 ys/Adult
	Hypereosinophilic syndrome (HES)	Only Adult
Dupilumab	Severe Asthma	Children ≥ 6 ys/Adult
	Atopic dermatitis	Children ≥ 6 ys/Adult
	Chronic rhinosinusitis with nasal polyposis	Only adult
Tezepelumab	Severe Asthma	Children ≥ 12 ys/Adult

Severe Asthma & Biologic Type 2-targeted Treatment

The Choice Of Add-on Type 2-targeted Therapy

Eligibility criteria

Predictors of asthma response

Type 2 comorbidities (atopic dermatitis, nasal polyposis)

Cost

Dosing frequency

Delivery route (IV or SC; potential for self-administration)

Patient preference



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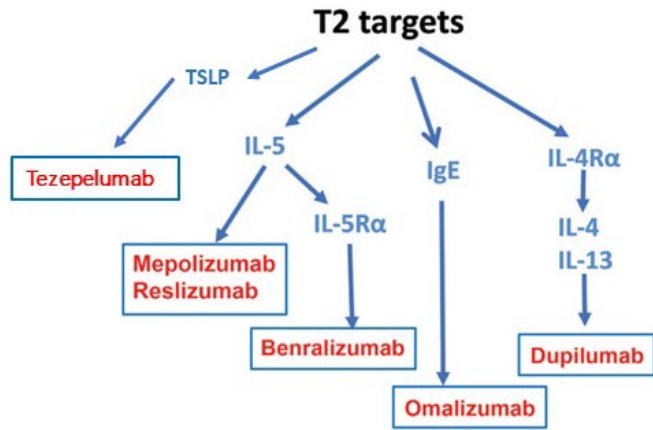
Biologics and costs in children

Classe	Nome	Costo
Anti-IgE	Omalizumab*	369 €/fl Costo/anno 4.450- 28.800 €
Anti-IL5	Mepolizumab	Fl 40 mg: 717 € Costo/anno 8604 € Fl 100: 1792 € Costo/anno 21.000 €
Anti-IL4R	Dupilumab	PENNA PRERIMEPITA e SIRINGA PRERIEMPITA 150 mg/ml: 1.003 € Costo/anno circa 13.000 €
Anti-TSLP	Tezepelumab	Fl 210 mg: 700 € Costo/anno circa 9.000 €



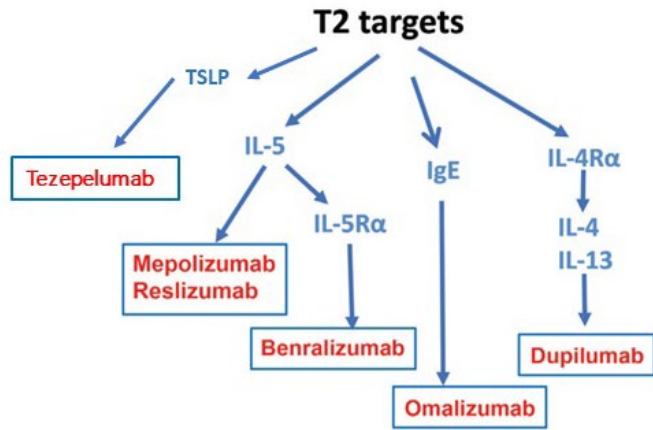
*Dose varia da 75 mg ogni 4 settimane a 375 mg ogni 2 settimane

BIOLOGICAL THERAPY FOR SEVERE ASTHMA IN CHILDREN



	AIFA	EMA	FDA
Omalizumab	≥ 6 years	≥ 6 years	≥ 6 years
Mepolizumab	≥ 6 years	≥ 6 years	≥ 6 years
Dupilumab	≥ 6 years	≥ 6 years	≥ 6 years
Reslizumab	///	///	≥ 18 years
Benralizumab	///	///	≥ 12 years
Tezepelumab	≥ 12 years	≥ 12 years	≥ 12 years

BIOLOGICAL THERAPY FOR SEVERE ASTHMA IN CHILDREN



	AIFA	EMA	FDA
Omalizumab	≥ 6 years	≥ 6 years	≥ 6 years
Mepolizumab	≥ 6 years	≥ 6 years	≥ 6 years
Dupilumab	≥ 6 years	≥ 6 years	≥ 6 years
Reslizumab	///	///	≥ 18 years
Benralizumab	///	///	≥ 12 years
Tezepelumab	≥ 12 years	≥ 12 years	≥ 12 years

Severe Asthma & Biologic Type 2-targeted Treatment

Review response to an initial trial of add-on Type 2-targeted therapy

For add-on biologic therapy after 3-4 months - For ongoing care every 3-6 months

Assess:

Asthma: symptom control, frequency and severity of exacerbations,
lung function

Type 2 comorbidities (nasal polyposis, atopic dermatitis)

Medications: treatment intensity (including dose of OCS), side-effects,
affordability

Patient satisfaction



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Severe Asthma & Biologic Type 2-targeted Treatment

Review response to an initial trial of add-on Type 2-targeted therapy

Unclear response

Consider extending the trial to 6-12 months

No response

Stop biologic therapy

Consider switching to a trial of a different Type2-targeted therapy

Consider biomarkers and response of any comorbid Type 2 conditions



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Severe Asthma & Biologic Type 2-targeted Treatment

Review response to an initial trial of add-on Type 2-targeted therapy

Good response

OCS → gradually decrease or stop

Inhaled treatment → reduce ICS (after 3-6 m)

– continue medium dose

Biologic treatments → trial of until after at

least 12 months

Attention
Adrenal insufficiency



GLOBAL
INITIATIVE
FOR ASTHMA

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Characteristic	Omalizumab	Mepolizumab	Dupilumab	Tezepelumab
Mechanism	Anti-IgE	Anti-IL5	Anti-IL4Ra	Anti-TSLP
Indication	Severe asthma	Severe asthma	Severe asthma	Severe asthma
Drug form	Prefilled syringe	Prefilled syringe, autoinjector pen	Prefilled syringe, autoinjector pen	Prefilled syringe
Licensed patient age	≥6 yr	≥6 yr	≥6 yr	≥12 yr
Safety concerns	Injection site reactions (2–10%), hypersensitivity reactions (<1%)	Injection site reactions (2–10%), hypersensitivity reactions (<1%), shingles (rare), helminth infection (rare)	Injection site reactions (2–10%), hypersensitivity reactions (<1%), hypereosinophilia (3%), conjunctivitis, helminth infection (rare)	Injection site reactions (2–10%), hypersensitivity reactions (<1%), pharyngitis, arthralgia, back pain
Typical patient group	Allergic asthma, childhood onset	Eosinophilic asthma, adulthood onset	Eosinophilic or allergic asthma, childhood or adulthood onset	Eosinophilic or allergic asthma, adulthood onset, type 2 low asthma
Key biomarker(s) for response	Serum IgE (for dosing)	Raised blood eosinophils	Raised blood eosinophils and FeNO	Raised blood eosinophils and FeNO
Co-existing conditions treated by biologic	Chronic spontaneous urticaria, allergic rhino-conjunctivitis	ABPA, EGPA, chronic rhinosinusitis with nasal polyposis	Chronic rhinosinusitis with nasal polyposis, atopic dermatitis (eczema)	Chronic rhinosinusitis with nasal polyposis

REVIEW

Characteristic	Omalizumab	Mepolizumab	Dupilumab	Tezepelumab
Mechanism	Anti-IgE	Anti-IL5	Anti-IL4Ra	Anti-TSLP
Effect on blood eosinophil	↓	↓↓	↑ (returns to baseline after 1 yr)	↓
Effect on FeNO	↓	None	↓↓	↓↓
Effect on serum IgE	None	None	↓	↓
Effect on exacerbations	↓	↓↓	↓↓	↓↓
Effect on FEV1	None	↑	↑↑	↑↑
Oral steroid sparing	No	Yes	Yes	No (trial ongoing)

- ✓ The introduction of biologics as add-on therapy for severe asthma has revolutionized severe asthma management
- ✓ The biologic therapy paved the way for precision medicine (*the right treatment to the right patient*) in children and adolescents
- ✓ One particular area of therapeutic advance has been in reducing the need for OCS therapy
- ✓ The current development of other biologics such as the anti-TSLP (and the anti-IL-33) antibody represents further development as they blocks the effect of these alarmins, TSLP and IL-33, produced by epithelial cells interacting with environmental factors such as allergens, pollutants, and infectious agents
- ✓ There is an urgent need for head-to-head comparisons of different biologics in patients eligible for more than one biologic
- ✓ More data on efficacy and long-term safety are need in the paediatric population

GRAZIE